

## 21st National Annual General Meeting and Scientific Conference of IMAN



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## Communique issued

17<sup>th</sup> - 21<sup>st</sup> Rabiul Awwal 1442 AH equivalent to 2<sup>nd</sup> - 6<sup>th</sup> December, 2020 which held at Dutse, Jigawa State.

The Islamic Medical Association of Nigeria (IMAN) held her 21<sup>st</sup> Annual General Meeting and Scientific Conference at the Sir Ahmadu Bello Hall, State Secretariat, Three Arms Zone, Dutse, Jigawa State, from the 2<sup>nd</sup> to 6<sup>th</sup> December, 2020. In attendance were 740 delegates from 26 states of the Federation, the FCT, and outside the country including Malaysia, Ghana, Niger and Sierra Leone.

The theme of the conference was "Emerging and re-emerging infectious diseases, medico-Islamic perspectives" while the subthemes were "Life amidst the COVID-19 Pandemic" and "Concept of Ibadah-friendly Hospitals Practice." This year's conference was unique in that it was a hybrid of both a physical component as well as an online component via Zoom.

The pre-conference activities included an addiction prevention workshop on "Core Skills for Addiction Prevention in the Family"; Student Leadership Training on "Stable and Upright Muslim Family, a Model to Crime Control," and a virtual annual cooperative symposium on "Prospects of Islamic Solidarities." In addition, free medical and surgical outreaches were held with a total of 3000 patients treated for various medical conditions. Also, 65 surgeries in both adults and children were performed at no cost to the beneficiaries. The surgeries will continue with 500 eye surgical cases.

The opening ceremony was graced by the Executive Governor of Jigawa State, Alhaji Muhammad Badaru Abubakar MON *mni*, ably represented by the Deputy Governor, Alhaji Umar Namadi FCIA. In attendance were the Emir of Dutse, Alhaji Dr Nuhu Muhammad Sanusi CON, represented by Kangiwan Dutse, Alhaji Ibrahim Saidu, Hakimin Dundunbus, the Permanent Secretary of Jigawa State Ministry of Health, Dr Salisu Muazu, the Former Commissioner of Health, Jigawa State, Dr Tafida Abubakar, and the Medical Director, Federal Medical Center, Birnin Kudu, Professor Suleiman Idris, who was the Chairman of the occasion.

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During the meeting, 12 scientific abstracts and 7 lead papers were presented on the theme and subtheme of the conference. The theme papers were presented by Dr Ahmed Maifada Yakasai, Deputy Provost of College of Health Sciences, Yusuf Maitama Sule University, Kano and Dr Abubakar Muhammad-Sani Birnin Kudu, Chief Imam of Dutse Central Mosque and Executive Secretary, Islamic Education Bureau.

After extensive deliberations, the Conference in session, raised some fundamental issues related to the theme and subthemes as highlighted below:



- Emerging and re-emerging infectious diseases (like COVID-19, Lassa fever, Yellow fever, Diphtheria etc.) remain a major cause of morbidity and mortality across all ages
- Preventive efforts on emerging and re-emerging infectious diseases are not being complied with by families, and communities.
- There is erroneous belief that COVID-19 is not real and this has contributed to the poor compliance with the control measures
- There are poor addiction prevention skills within the families
- Family hurts are a major factor contributing to addiction rise in the family
- There is a culture of marrying for reasons outside Islamically acceptable norms
- There is poor awareness of the narrow margin between Halal and Haram in Islamic cooperatives
- Sub-optimal provision of Ibadah friendly practices addressing the spiritual needs of patients has been found as a major reason for low seeking of orthodox health services.

 Professional rivalry has contributed to poor team work within the health work force.

At the end of the conference the participants made the following recommendations to be implemented in all states of the federation as regards the themes and subthemes of the conference:

- There is need for increased awareness and utilization of preventive measure against COVID-19 and other infectious diseases like the use of facemask, physical distancing, hand hygiene, proper waste management and environmental sanitation.
- Continuing community engagement using IEC (information, education and communication) materials to increase awareness of diseases of public health importance like COVID-19, Lassa fever, Yellow fever etc.
- Families should acquire necessary skills to heal family hurts and lower the incidence of all forms of addictions within the family and community.
- Individuals should follow the guidelines given by the Prophet Muhammad SAW in choosing life partners and in living the family life
- There is need for operators of Islamic cooperatives to acquire and implement the necessary education to distinguish between Halal and Haram aspects of Islamic Financing
- Ibadah friendly services should be embraced by all health facilities and personnel to bridge the gap in fulfilling the unmet spiritual needs of patients
- There is need to review the curriculum of all health training institutions to incorporate the Ibadah friendly concepts
- The conference also implored on health workers to embrace team work in the spirit of Islamic Brotherhood to improve patient-centered care.

At the end of the AGM, the following members were appointed by the congress through the Shura as the new executives for 2020 to 2023 tenure:

National President Prof. Ibrahim Oreagba National Vice president Pharm (Dr)Muhammad Audi National Vice President II Dr Rasaq O Salihu Dr Abdulrasheed Nasir National Secretary Br Salisu Inuwa Assistant National secretary I Br Shuaibu Ibrahim Assistant National secretary II National Ameera Hajia Naima Balarabe Secretary, Sisters' Forum Hajia Hajara Yakubu Jibrin National PRO I Dr Muhammad Mustapha Yakubu National PRO II Br Ja'afar Aliyu National Financial Secretary Mal. Hassan Shaaba National Treasurer Hajia Aisha Maikudi National Editor-in-Chief Dr Tajudeen Abiola National Assistant Editor-in-Chief Prof. Hajara Umar Suleiman National Legal Adviser Bar. Muhammad Sani Br Nasir Ishaq National Internal Auditor Ex-Officio I Dr Salisu Ismail

## Conclusion

IMAN extends her profound appreciation to His Excellency, the Executive Governor of Jigawa State, Alhaji Muhammad Badaru Abubakar MON *mni*, the government and people of Jigawa State for the hospitality provided for the conference. The association also thanks the management and staff of Federal University Dutse, Federal Medical Center, Birnin Kudu, for the enabling environment provided for the successful hosting of the conference. The association also thanks all delegates, home and abroad, and also wishes them a safe journey home.

Signed.

Prof Ibrahim Oreagba - National President

Dr Abdul Rasheed Nasir - National Secretary

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